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APPETIZERS

OUR FAMOUS CHEESE DIP

LA MESA DIP

A bowl of our famous cheese dip mixed with your choice of ground beef, chorizo or bean.

SALSA TOUR

Sample our Green Salsa, Habanero Salsa, Salsa Colorado and Pico de Gallo.

FRESH GUACAMOLE

CEVICHE DE MANGO COCKTAIL

A delicious mixture of shrimp, mango, onion, tomato, cilantro, jalapeño, our cocktail sauce and topped with avocado.

CHILI CHEESE FRIES

TOSTADITAS DE CEVICHE.....

(2) Shrimp Ceviche tostadas topped with avocado.

SOPES

(2) Thick, fried corn masa topped with your choice of chorizo, al pastor, grilled chicken or grilled steak with refried beans, avocado, lettuce, sour cream and queso fresco.

JALAPEÑO POPPERS (6).....

NACHOS

Corn chips covered with our famous cheese and choice of beef, chicken, beans or mixed. Served with lettuce, tomato and sour cream.

SUBSTITUTE GRILLED CHICKEN, GRILLED STEAK, CHORIZO OR AL PASTOR.....

SUBSTITUTE FLOUR CHIPS.....

QUESADILLA

Grilled tortilla filled with cheese. Served with lettuce, tomato and sour cream.

ADD BEEF OR CHICKEN..... SUBSTITUTE GRILLED CHICKEN, GRILLED STEAK, CHORIZO OR AL PASTOR.....

SALADS & SOUPS

DE LA MESA SALAD

Romaine Spring Mix lettuce topped with avocado, pico de gallo, queso fresco and tortilla strips.

ADD GRILLED CHICKEN, STEAK OR SHRIMP

GUACAMOLE CHIPOTLE SALAD

Romaine Spring Mix lettuce, fresh guacamole, tomato and queso fresco. Served with ranch chipotle dressing. ADD GRILLED CHICKEN, STEAK OR SHRIMP

TEQUILA LIME SALAD

Romaine Spring Mix lettuce, mango, pineapple, avocado, black beans and pico de gallo with tequila vinaigrette dressing. ADD GRILLED CHICKEN, STEAK OR SHRIMP

CUP	BOWL	XL BOWL	
CHICKEN	I TORTILLA	SOUP	
CUP	BOWL	XL BOWL	

POZOLE PORK SOUP with corn hominy



ENCHILADAS

ENCHILADAS SUIZAS

(3) Chicken enchiladas topped with cheese sauce and green salsa. Served with rice.

ENCHILADAS RANCHERAS.....

(3) Carnitas enchiladas mixed with grilled vegetables topped with melted cheese and sauce. Served with rice.

TOP WITH CHEESE SAUCE

ENCHILADAS DE MESA

(3) Enchiladas with your choice of ground beef or chicken, topped with melted cheese and sauce. Served with rice.

TOP WITH CHEESE SAUCE

ENCHILADAS DIVORCIADAS

(3) Enchiladas filled with your choice ground beef or chicken, topped with cheese, Salsa Verde and Salsa Colorado. Served with rice.

TOP WITH CHEESE SAUCE



ENCHILADAS A LA BBQ

(3) Enchiladas filled with barbecue pork carnitas, topped with melted cheese and enchilada sauce. Served with rice. **TOP WITH CHEESE SAUCE**

ENCHILADAS ACAPULCO

(3) enchiladas filled with shrimp and tilapia, topped with melted cheese and sauce. Served with rice.

SUIZA STYLE OR CHEESE SAUCE

SUBSTITUTE VEGETARIAN CHOICES: Cheese, Beans, Potato or Grilled Vegetables

FAJITAS

Our Fajitas are prepared with a special recipe of sauteed bell peppers, onions and tomatoes. Served with (4) tortillas, rice and refried beans.

TOP YOUR FAJITAS WITH SHREDDED CHEESE

ESPECIAL DE LA MESA

Chicken, shrimp and chorizo topped with Arrachera carne asada. FOR UNO FOR DOS

HOUSE FAJITAS

Your choice of steak, chicken, carnitas or mix any two! FOR UNO FOR DOS

FAJITAS CANCUN

Delicious grilled shrimp.FOR UNOFOR DOS

FAJITAS JALISCO

Steak, chicken and shrimp.FOR UNOFOR DOS

FAJITAS RANCHERA

Steak, chicken, shrimp and chorizo.FOR UNOFOR DOS

SPICY FAJITAS

Steak, chicken, shrimp, chorizo, sauteed vegetables, grilled with spicy salsa.

FOR UNO FOR DOS

FAJITAS VEGETARIANA

Our special recipe with house potatoes, grilled bell peppers, onions, tomatoes, mushrooms, zucchini and squash.

FOR UNO FOR DOS



ENCHILADAS / FAJITAS:

Lettuce, sour cream, guacamole, pico de gallo and/or tomato upon request.

ENTREES

MOLCAJETE

Grilled steak, chicken, chorizo and shrimp sautéed in a special hot sauce, garnished with queso fresco and green onions. Served in a lava rock bowl. Includes rice, refried beans and tortillas.

TACO SALAD

With ground beef or shredded chicken.

TACO SALAD FAJITA

A large flour tortilla filled with choice of steak, chicken or both and cheese sauce. Topped with lettuce, tomato and sour cream.

TORTA AHOGADA

Mexican specialty sandwich filled with carnitas, beans, onions, avocado and smothered in salsa. Served in a warm authentic bread roll.

TORTA..... Mexican specialty sandwich filled with choice of carnitas, grilled steak, al pastor or chicken, lettuce, tomato, jalapeños, avocado and sour cream. Served in a warm authentic bread roll.

CHILAQUILES MEXICANOS

Our traditional chips mixed with grilled chicken or steak, topped with melted cheese and cooked in a red or green salsa. Served with rice. Toppings upon request.

POLLO A LA CREMA

Grilled chicken breast with sautéed green peppers, mushrooms, onions and topped with a creamy chipotle sauce. Served with rice and refried beans.





BURRITO GIGANTE Your choice of grilled steak, carnitas or chicken, wrapped in a large flour tortilla and stuffed with rice, beans, lettuce and sour cream. Served with pico de gallo.

TOP WITH CHEESE SAUCE



BIRRIA JALISCO

Marinated braised beef Jalisco style topped with cilantro and onion. Served with rice, refried beans and tortillas.

BURRITO DE LA MESA.....

A flour tortilla filled with your choice of chicken or ground beef, topped with melted cheese, burrito sauce, lettuce, sour cream and tomato. Served with rice and refried beans.

TOP WITH CHEESE SAUCE

ARRACHERA CARNE ASADA

Grilled steak with rice, refried beans and tortillas. Toppings upon request.

CARNITAS Tender pork tips served with rice, refried beans and tortillas. Toppings upon request.

POLLO ASADO

Grilled chicken breast with rice, refried beans and tortillas. Toppings upon request.

NACHO FAJITAS

Steak, chicken or mixed fajita nachos topped with cheese sauce. Served with lettuce, pico de gallo, sour cream and guacamole.

SUBSTITUTE GRILLED SHRIMP...... SUBSTITUTE FLOUR CHIPS......

QUESADILLA DE FAJITAS.....

Large quesadilla stuffed with your choice of steak or chicken fajitas. Served with lettuce, pico de gallo, sour cream and guacamole.

CHILE VERDE-COLORADO

Choice of grilled steak, <u>c</u> hicken or carnitas sautéed in a red or green salsa. Served with rice, refried beans and tortillas.

CHIMICHANGA.....

A flour tortilla filled with your choice of chunks of beef or shredded chicken, deep fried until golden brown and topped with cheese sauce. Served with rice and refried beans. **Toppings upon request.**

SUBSTITUTE YOUR CHOICE OF FILLINGS......

STUFFED POBLANO

A chile poblano stuffed pepper with your choice of ground beef or grilled pineapple shrimp, topped with melted cheese and chile relleno salsa. Served with rice and black beans.

PASTA A LA MESA

A generous portion of rotini pasta and creamy cheese chipotle sauce with grilled onions, green peppers and mushrooms.

ADD GRILLED CHICKEN, STEAK OR SHRIMP

PASTA A LA DIABLA.....

A generous portion of rotini pasta sautéed in our special a la diabla sauce with onion, bell pepper and mushrooms. Topped with queso fresco and fresh cilantro.

ADD GRILLED CHICKEN, STEAK OR SHRIMP



TAMALES DORADOS

(3) Tamales deep fried or traditional topped with lettuce, red cabbage, tomato, sour cream. Served with salsa.





SIDE CHOICES:

- Rice
- Black Beans
- Charro Beans
- Steamed Vegetables
- Side Salad
- House Potatoes
- French Fries
- Cup of Soup

Ask your server about vegetarian options.

GULF OF MEXICO

BAJA TILAPIA

La Mesa Chela beer battered tilapia, fried and topped with lettuce, red cabbage, tomato and our special chipotle baja sauce. Served with rice and steamed vegetables.

TILAPIA AL MOJO DE AJO.....

Tilapia grilled in olive oil and sautéed in a tequila garlic sauce. Served with rice and house potatoes

TILAPIA A LA VERACRUZANA

Tilapia grilled in olive oil, topped with onion, bell pepper, mushroom and covered in our a la diabla salsa. Served with rice and steamed vegetables.

MANGO FISH

Tilapia grilled with olive oil, topped with fresh mango salsa. Served with rice and steamed vegetables.



CAMARONES A LA DIABLA

Grilled shrimp and vegetables cooked in our La Diabla Salsa. Served with rice and steamed vegetables.

BURRITO DE CAMARONES

Grilled shrimp and vegetables wrapped in a flour tortilla with rice, beans, lettuce and sour cream. Served with pico de gallo.

TOP WITH CHEESE SAUCE

QUESADILLA DE CAMARONES

Large quesadilla stuffed with grilled shrimp and vegetables. Served with lettuce, tomato and sour cream.

CEVICHE DE CAMARONES.....

Shrimp, onion, tomato, cilantro and jalapeño peppers, chopped and mixed with lime. Served with lime and avocado.

CEVICHE DE MANGO CAMARONES

SHRIMP COCKTAIL

REGULARLARGEServed with avocado, pico de gallo andLa Mesa cocktail sauce.



CAMARONES HABANERO

A La Crema Seasoned shrimp sautéed in a creamy chipotle sauce and topped with cilantro and lime. Served with rice and steamed vegetables.

CAMARONES AL MOJO DE AJO......

Tequila garlic shrimp served with rice and house potatoes.

CAMARONES CABO STYLE.....

Tequila battered shrimp served with rice and house potatoes.

CAMARONES AL TEQUILA.....

Seasoned shrimp sautéed in a butter chipotle sauce and flamed tequila, topped with cilantro and lime. Served with rice and steamed vegetables.



SIDE CHOICES:

- Rice
- Black Beans
- Charro Beans
- Steamed Vegetables
- Side Salad
- House Potatoes
- French Fries
- Cup of Soup

TACO STREET

Your choice of (2) hand-crafted tacos served with rice and refried beans.

PICK YOUR SHELL: Hard shell corn, soft corn, deep fried flour, or soft flour

BIRRIA Marinated Braised Beef Jalisco style topped with cilantro and onion.

AL PASTOR Marinated pork in adobo and grilled pineapple topped with cilantro and onion.

BEER BATTERED TILAPIA

Beer battered tilapia topped with lettuce, red cabbage, tomatoes and special chipotle sauce.

CARNITAS Shredded, braised pork cooked Michoacan style topped with pico de gallo.

CARNE ASADA Grilled steak topped with cilantro and onion.

POLLO ASADO Grilled chicken topped with lettuce and cheese.

FAJITA CHICKEN OR STEAK Sautéed with onion, bell pepper and tomatoes.

CAMPECHANO Mexican sausage and grilled steak topped with lettuce and cheese.

CAMARONES Grilled shrimp topped lettuce, red cabbage, tomatoes and special chipotle sauce.

TILAPIA Grilled tilapia topped with lettuce, red cabbage, tomatoes and special chipotle sauce.



CHORIZO Mexican sausage topped with cilantro and onion.

SHREDDED BEEF Shredded beef and vegetables topped with lettuce and cheese.

CHORIZO CON HUEVO Mexican sausage and scrambled eggs topped with lettuce and cheese.

BEANS AND QUESO FRESCO Your choice of beans topped with queso fresco.

POTATOES Our House Recipe of red potatoes and vegetables.

GROUND BEEF Our House Recipe ground beef topped with lettuce and cheese.

SHREDDED CHICKEN

Our House Recipe chicken topped with lettuce and cheese.

BUILD YOUR OWN COMBINATION - OR A LA CARTE -

CHOOSE ANY (3) 13.5 CHOOSE ANY (4) 16.5

ENTIRE SECTION

TACO STREET (See choices)
BURRITO (Ground Beef or Shredded Chicken)
SOPES (See Description in Appetizer)
CHILE RELLENO
PREMIUM ENCHILADA
TAMAL
SIDE DISH (Lettuce, Guacamole, Sour Cream & Pico).
SIDE SALAD
TOSTADA (Ground Beef or Shredded Chicken)
TOSTADA CHILE CON QUESO
GUACAMOLE

CHOOSE ANY (4) 14.5 FROM BELOW

CHOOSE ANY (3) 12.5

ENCHILADA (Ground Beef or Shredded Chicken)
TACO (Ground Beef or Shredded Chicken)
TAQUITO (Shredded Beef or Shredded Chicken)
CUP OF SOUP
CHEESE SAUCE
MEXICAN RICE ·····
REFRIED BEANS ·····
BLACK BEANS
CHARRO BEANS
STEAMED VEGETABLES
FRENCH FRIES

LUNCH EXPRESS

ENJOY THESE LA MESA FAVORITES FAST & FRESH FOR 9.95

ENCHILADA A soft corn tortilla stuffed with your choice of ground beef, chicken or cheese. Topped with melted cheese and sauce. Served with rice and refried beans.

CHILE RELLENO Anaheim pepper stuffed with cheese, deep fried in egg batter and topped with chile relleno salsa. Served with rice and refried beans.

BURRITO A beef, chicken or bean burrito. Served with rice and refried beans.

SPEEDY GONZALEZ One taco and one enchilada. Served with rice or refried beans.

BURRITO DE LA MESA

A flour tortilla filled with your choice of chicken or ground beef, topped with melted cheese, burrito sauce, lettuce, sour cream and tomato. Served with rice and refried beans.

TACO SALAD FAJITA

A large flour tortilla filled with choice of steak, chicken or both and cheese sauce. Topped with lettuce, tomato and sour cream.

TACO SALAD

A large crispy flour tortilla filled with ground beef or shredded chicken and cheese sauce. Topped with lettuce, tomato and sour cream.

FAJITAS

Tender strips of marinated chicken breast or steak grilled to perfection with bell peppers, onions and tomato. Served with lettuce, sour cream, pico de gallo and guacamole. Served with rice, refried beans and tortillas.

DESSERTS

Choco Flan
Flan
Fried Ice Cream
Sopapilla (4)
Sopapilla (4) with Ice Cream

DRINKS

Coca-Cola products, fresh brewed Iced tea, or Coffee

LUNCH SERVED MONDAY THROUGH FRIDAY FROM 11A.M. - 3P.M.

TOSTADA A crispy corn tortilla with your choice of ground beef, chicken or refried beans. Topped with lettuce, tomato, sour cream and cheese. Served with rice and refried beans.

TAMAL Our traditional homemade pork tamal wrapped in a corn husk. Served with rice and refried beans.

TACO Your choice of tortilla shell, filled with ground beef or chicken, lettuce and cheese. Served with rice and refried beans.

TEQUILA LIME SALAD Romaine Spring Mix lettuce, mango, pineapple, avocado, black beans and pico de gallo with tequila vinaigrette dressing.

GUACAMOLE CHIPOTLE SALAD Romaine Spring Mix lettuce, fresh guacamole, tomato and queso fresco. Served with ranch chipotle dressing.

CHIMICHANGA

A flour tortilla stuffed with chunks of beef or shredded chicken, deep fried and topped in cheese sauce. Served with rice and refried beans.

TAQUITOS MEXICANOS

Two rolled corn or flour tortillas filled with your choice of shredded beef or chicken and deep fried. Served with lettuce, tomato and sour cream. Includes rice and refried beans.

HUEVOS CON CHORIZO

Three scrambled eggs* mixed with grilled chorizo. Served with rice, refried beans and tortillas.

HUEVOS RANCHEROS

Three Mexican style fried eggs* topped with our red or green salsa. Served with rice, refried beans and tortillas.

SIDES

Corn or Flour Chips
Chiles Toreados
Salsa (8oz.)
Tortillas (4)
Pico De Gallo (2oz) 1.50 (8oz)
Shredded Cheese (2oz). 1.50 (8oz)
Avocado (1/4)
Sour Cream
Green or Habanero Salsa (2oz) 1.25 (8oz)

Horchata, Jamaica, Orange Juice, Cranberry Juice, Pineapple Juice, Flavored Lemonade (STRAWBERRY, MANGO & PEACH) 5.95 INCLUDES ONE REFILL



FANTA Coke Sprite

(NO REFILLS)

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.